

Fostering a Healthy Home - Workplace - Community

Connecting with friends, family and co-workers

Event Information

Date: Wednesday, March 24

Time: 6:00-8:30pm, includes refreshments

Place: First Presbyterian Church, 700 N. Sheridan, Lake Forest, IL [Directions](#)

Cost: Fully underwritten by The Charmm'd Foundation, a non-sectarian organization



Program Speaker

Nathan Eklund

Author, national speaker and Senior Education

Consultant with The Search Institute; www.search-institute.org. The Search Institute's mission is to provide leadership, knowledge and resources to promote healthy children, youth, organizations and communities. Mr. Eklund works with schools, organizations and communities nationwide to implement asset-based approaches to promote healthy workplaces and communities.

Need more information?

Charmm'd Foundation Contacts

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Sponsors

Charmm'd Foundation

www.charmmdfoundation.org

Lake Forest School District 67

www.lf67.org

Lake Forest School District 115

www.lfhs.org

Lake Bluff School District 65

www.lb65.org

CROYA www.croya.com

LEAD www.leadweb.org

First Presbyterian Church of Lake Forest

www.firstchurchlf.org

Gorton Community Center

www.gortoncenter.org

How can a positive environment impact and improve your family, school, work, morale, health and life?

- * Parents nurturing a happy and healthy home life
- * School staff developing a motivated classroom and a positive school community
- * Business owners and employees improving workplace morale and customer service
- * Community members cultivating strong relationships

Learn how to...

- * Assess your strengths
- * Embrace change
- * Enhance connections in your life
- * Recognize and appreciate the power of your relationships
- * Become more positive, motivated and influence others to do the same!

This workshop is for all members of the Lake Forest, Lake Bluff and Knollwood community.

Program Format:

6:00-7:00pm

Join us to network, socialize, meet the presenter over refreshments

7:00-8:30pm

Workshop themes of collaboration, self-reflection, and positive approaches to change will be showcased. Small and large group activities will provide participants the opportunity to meet and work with other community members.

Space is limited so please contact us to reserve your spot as soon as possible!

To Register: Send an email to charmmd@charmmdfoundation.org with your contact information to sign up for this free special event. Write "Evening with Nate" in the subject line.

— Register Today! —