



Getting out of our own way!

Opportunities for Enhancement: Effective communication - Part 2

Event Information

Date: Wednesday, September 22

Time: 6:30-8:00pm

Place: Zion-Benton Public Library
2400 Gabriel Ave., Zion, IL

Cost: Free admission to participants
Fully underwritten by
The **Charmm'd** Foundation, a
non-religious/non-political
501(c)3 organization.

**** You are encouraged to bring a dessert
of your choosing to share with others.
Coffee will be provided.****

Program Speaker

Grace Lichtenstein, MS

With over 20 years of business management and ownership experience, training and counseling in corporate, health and family settings, Mrs. Lichtenstein has a unique and comprehensive view of "what works" both personally and professionally.

www.graceandsuccess.com

To Register: Send an email to charmmd@charmmdfoundation.org

- Include your contact information
- Write "Evening with Grace" in the subject line

**Registration is encouraged;
not required!**

WHY SHOULD I ATTEND?

YOU will learn valuable tips & tools to enhance your communication skills.



This workshop is a follow up to a program held in April 2010 and will build upon the information provided that evening. It is not necessary to have attended part one. Participants will come away with valuable information to use immediately and will have the opportunity to engage in interactive discussions on the following topics:

- Adjusting your communication style when needed
- Barriers that limit effective communication
- Focusing on questions to ask rather than the problem
- Verbal and non-verbal messages



This is a special program open to people who live, work and play in Beach Park, Wadsworth, Winthrop Harbor and Zion Communities.

