

# The Charmm'd Foundation

## We believe...

- **We believe** all adults are role models and have the ability to inspire others through their actions and behaviors. Our focus is helping adults be the best individuals they can be so they are also the best leaders.
- **We believe** establishing a set of core values helps build a community culture of positive character.
- **We believe** in the power of reflection. When people are allowed time to process and integrate what they know along with new information learning occurs.
- **We believe** in a strengths-based approach, providing adults opportunities to identify & build on their strengths then model those skills for others. We also believe in providing opportunities for adults to learn and practice new skills.
- **We believe** in diversification. This involves different ways to approach the learning experience including; what is taught and how, who is conducting the training, how often the training occurs, who is trained and how new skills are presented and practiced.
- **We believe** collaboration is powerful and essential. The more we share our ideas and experiences to help others, the stronger our relationships and communities will be.
- **We believe** in long-term sustainability, achieving that focus by passing the baton to the right individual(s) and/or group(s) who have the broadest impact to lead the change, are courageous enough to do the work and walk the talk.
- **We believe** this work takes time and patience and we think of it as a marathon, not a sprint! We learn along the way, from our mistakes and our missteps, and always remember to celebrate growth and the journey.
- **We believe** in shared leadership – the more people involved who have ownership and buy in, the more collaboration occurs and ultimately the impact of this work is more powerful.
- **We believe** in asking ourselves at the end of every day, how did I make a difference for others today and how did I take care of myself?

**Please note:**

*While we believe individual religious and political views are to be respected by all, we do not endorse nor want to be present for any discussions/promotion around these topics.*

