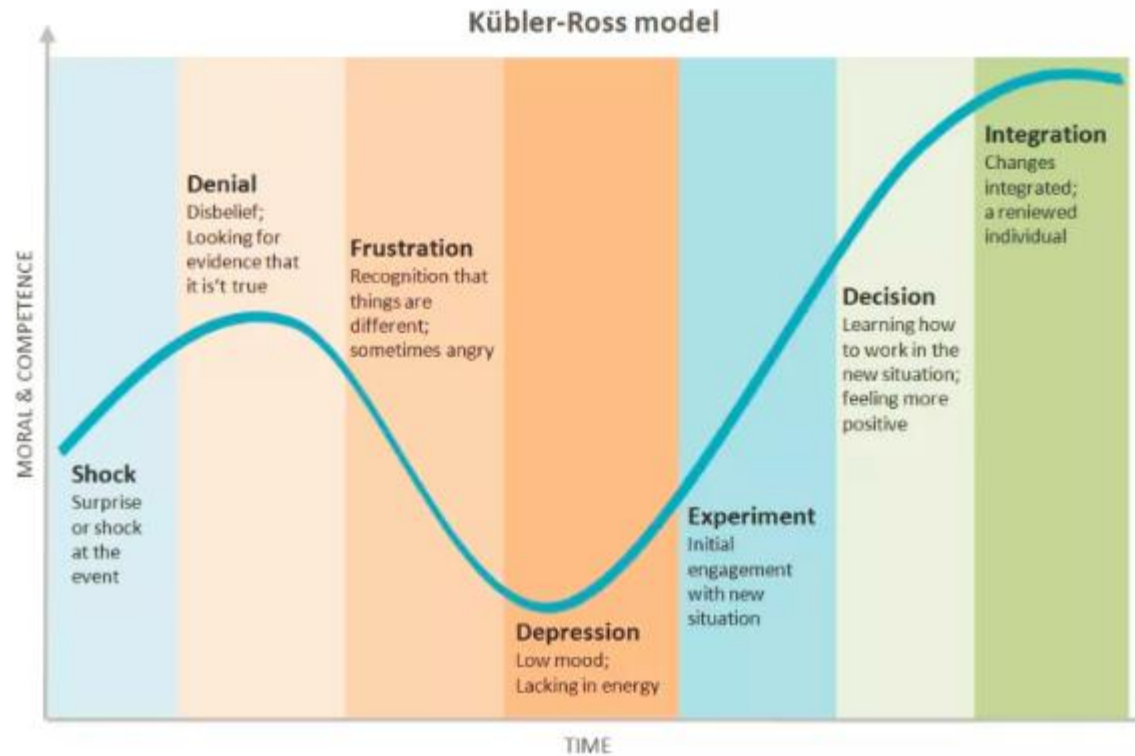


An graphic from the article *Understanding the Kubler-Ross Change Curve* by Anastasia

Change can bring about a multitude of emotions. The Kubler-Ross model highlights emotions felt during times of change. Use the model below to understand the varied emotions and ask your team to share how they are feeling. Provide acknowledgement, keep the lines of communication open and help your team navigate the course of change.



To read full article visit: <https://www.cleverism.com/understanding-kubler-ross-change-curve/>